





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy Birthday to the Following Residents! <ul style="list-style-type: none"> Peggy D. - 03/08 Joan H. - 03/18 Verle D. - 03/29 		All Events Are Subject to Change	<p>1</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:00 ■ Donuts and Coffee Social 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ It Happened in March Trivia and Quiz 5:30 ■ Calming Coloring Hour</p>
<p>2</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:30 ■ Catholic Virtual Church Service & Communion ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Manicures and Hand Massage 3:00 ■ BINGO 5:30 ■ Tapple Game</p>	<p>3</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ White Board Activity 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Birds of The World Quiz 5:30 ■ Calming Coloring Hour</p>	<p>4</p> <p>Mardi Gras</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ BINGO 1:00 ■ Rest & Relax 2:00 ■ Refreshment and Snacks and Movie 3:30 ■ Afternoon Stretches 5:30 ■ Word Search</p>	<p>5</p> <p>Ash Wednesday</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Sing Along with Susie Q. 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Coloring Hour 4:00 ■ Afternoon Stretches 5:30 ■ Puzzle Hour</p>	<p>6</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Pool Noodle Exercise 10:30 ■ Chair Balloon Volleyball 1:00 ■ Rest & Relax 2:00 ■ Mexican Train Dominoes Game 3:00 ■ BINGO 5:30 ■ Rest and TV Time</p>	<p>7</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Outing: Bus Drive 1:00 ■ Rest & Relax 2:00 ■ Live Entertainment: EDDIE TOGONON PERFORMS 3:15 ■ BINGO 5:30 ■ Crosswords</p>	<p>8</p> <p>International Women's Day</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:00 ■ Donuts and Coffee Social 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Shake Loose A Memory Game 5:30 ■ Calming Coloring Hour</p>
<p>9</p> <p>Daylight Saving Time Begins</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:30 ■ Catholic Virtual Church Service & Communion ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Manicures and Hand Massage 3:00 ■ BINGO 5:30 ■ Tapple Game</p>	<p>10</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ Words In Words Game 1:00 ■ Rest & Relax 2:00 ■ Lucky Find: A Clover Hunting Challenge 3:00 ■ BINGO 5:30 ■ Calming Coloring Hour</p>	<p>11</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ BINGO 1:00 ■ Rest & Relax 2:00 ■ Refreshment, Snacks and Movie 3:30 ■ Afternoon Stretches 5:30 ■ Word Search</p>	<p>12</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Sing Along with Susie Q. 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Coloring Hour 4:00 ■ Afternoon Stretches 5:30 ■ Puzzle Hour</p>	<p>13</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Pool Noodle Exercise 10:30 ■ Chair Balloon Volleyball 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ St. Patrick's Trivia and Quiz 5:30 ■ Rest and TV Time</p>	<p>14</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Outing: Bus Drive 1:00 ■ Rest & Relax 2:00 ■ Live Entertainment: SYRIA BERRY PERFORMS 3:15 ■ BINGO 5:30 ■ Crosswords</p>	<p>15</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:00 ■ Donuts and Coffee Social 1:00 ■ Rest & Relax 2:00 ■ Craft Time: St. Patrick's Bracelet Charms 3:00 ■ BINGO 5:30 ■ Calming Coloring Hour</p>
<p>16</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:30 ■ Catholic Virtual Church Service & Communion ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Manicures and Hand Massage 3:00 ■ BINGO 5:30 ■ Tapple Game</p>	<p>17</p> <p>St. Patrick's Day</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ Armchair Travel to Ireland 11:30 ■ Passport Event: Ireland Luncheon Celebrating St. Patrick's Day 1:00 ■ Live Entertainment by Jazz Del Rio Band ■ AL Activity Room 3:15 ■ BINGO 5:30 ■ Calming Coloring Hour</p>	<p>18</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ BINGO 1:00 ■ Rest & Relax 2:00 ■ Refreshment, Snacks and Movie 3:30 ■ Afternoon Stretches 5:30 ■ Word Search</p>	<p>19</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Sing Along with Susie Q. 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Coloring Hour 4:00 ■ Afternoon Stretches 5:30 ■ Puzzle Hour</p>	<p>20</p> <p>Spring Begins</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Pool Noodle Exercise 10:30 ■ Chair Balloon Volleyball 1:00 ■ Rest & Relax 2:00 ■ Spring Flower Arrangement 3:00 ■ BINGO 5:30 ■ Rest and TV Time</p>	<p>21</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Outing: Bus Drive 10:30 ■ Holy Spirit Catholic Church Mass ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Afternoon Snacks and Music Social 3:00 ■ BINGO 5:30 ■ Crosswords</p>	<p>22</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:00 ■ Donuts and Coffee Social 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Conversation Starters 5:30 ■ Calming Coloring Hour</p>
<p>23</p> <p>9:00 ■ Morning Chair Yoga 10:30 ■ Catholic Virtual Church Service & Communion ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Manicures and Hand Massage 3:00 ■ BINGO</p>	<p>24</p> <p>9:00 ■ Morning Exercise and Stretching 10:00 ■ White Board Activity 1:00 ■ Rest & Relax 2:00 ■ BINGO 5:30 ■ Calming Coloring Hour</p>	<p>25</p> <p>9:00 ■ Morning Exercise and Stretching 9:30 ■ Beverage Break 10:00 ■ BINGO 1:00 ■ Rest & Relax 2:00 ■ Refreshment, Snacks and Movie 3:30 ■ Afternoon Stretches 5:30 ■ Word Search</p>	<p>26</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Sing Along with Susie Q. 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Coloring Hour 4:00 ■ Afternoon Stretches 5:30 ■ Puzzle Hour</p>	<p>27</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Pool Noodle Exercise 10:30 ■ Chair Balloon Volleyball 1:00 ■ Rest & Relax 2:00 ■ Tapple Game 3:00 ■ BINGO 5:30 ■ Rest and TV Time</p>	<p>28</p> <p>9:00 ■ Morning Exercise and Stretches 9:30 ■ Beverage Break 10:00 ■ Outing: Bus Drive 1:00 ■ Rest & Relax 2:00 ■ Live Entertainment by CJ MORENO 3:15 ■ BINGO 5:30 ■ Crosswords</p>	<p>29</p> <p>9:00 ■ Morning Chair Yoga 9:30 ■ Beverage Break 10:00 ■ Donuts and Coffee Social 1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Who Am I? March Birthdays 5:30 ■ Calming Coloring Hour</p>
<p>30</p> <p>9:00 ■ Morning Chair Yoga 10:30 ■ Catholic Virtual Church Service & Communion ■ AL Activity Room 1:00 ■ Rest & Relax 2:00 ■ Manicures and Hand Massage 3:00 ■ BINGO</p>	<p>31</p> <p>9:00 ■ Morning Exercise and Stretching 10:00 ■ Words In Words Game 1:00 ■ Rest & Relax 2:00 ■ BINGO 5:30 ■ Calming Coloring Hour</p>	<p>31</p> <p>1:00 ■ Rest & Relax 2:00 ■ Refreshment, Snacks and Movie 3:30 ■ Afternoon Stretches 5:30 ■ Word Search</p>	<p>31</p> <p>1:00 ■ Rest & Relax 2:00 ■ BINGO 3:00 ■ Coloring Hour 4:00 ■ Afternoon Stretches 5:30 ■ Puzzle Hour</p>	<p>31</p> <p>1:00 ■ Rest & Relax 2:00 ■ Tapple Game 3:00 ■ BINGO 5:30 ■ Rest and TV Time</p>	<p>31</p> <p>1:00 ■ Rest & Relax 2:00 ■ Live Entertainment by CJ MORENO 3:15 ■ BINGO 5:30 ■ Crosswords</p>	<p>31</p> <p>3:00 ■ Who Am I? March Birthdays 5:30 ■ Calming Coloring Hour</p>