

December 2024

Entertainer Games Armchair Travel Bus Trip
Religious Meeting Baking Quizzes/ Trivia
BINGO! Movie / TV Series Special Occasion
Arts & Crafts Social/Happy Hour Food Demonstration
Exercise Taking Care of YOU! Sing Along

Bus Trip
Quizzes/ Trivia

Duiting
Rocky's Cafe

SENIOR LIVING			i	Exercise Taking Care of		Rocky's Cafe
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ational Christmas Lights Day 9:00 Energizing Exercise 0:30 Virtual Sunday Mass 1:00 Communion Service 1:20 Catholic Rosary Led by Jon 2:00 Nickel Bingo	9:00 Energizing Exercise 10:00 Games and Puzzles 2:00 Nickel Bingo 6:00 Movie Time with Popcorn, Candy, and Juice J	Homemade Gifts Day 9:00 Energizing exercise 10:00 Veterans Get Together! 1:00 Free Blood Pressure Screenings by Retired Nurses Betty and Jude 2:00 Homemade Gift: Make Mints from scratch! 3:30 Trivia 6:00 Evening Movie Time	World Wildlife Conservation Day 4 9:00 Energizing Exercise 10:00 Nickel Bingo 12:00 Outing 1:00 Knitting & Crochet Group 2:00 Movie Matinee "The Santa Clause" 3:30 Cranium Crunches	9:00 Energizing exercise 10:00 Nickel Bingo 11:30 New Resident / Ambassador Luncheon 1:00 Chair Yoga 2:00 Craft Time with Glo 3:00 Christmas Carol Sing Along! 4:00 Card Games	St. Nicholas Day 9:00 Energizing Exercise 9:30 Rockville Gardeners 10:00 Nickel BINGO 1:00 Afternoon walk 2:00 Trivia Hour 3:00 Happy Hour: Eggnog and Christmas Carols 6:00 Movie Time with Popcorn and Juice	Anniversary of Attack on Pearl Harbor 9:00 Chair Yoga 10:00 Coffee and Donuts Social Hour 11:30 Christmas Performance by Dix Dance Studio 1:00 Afternoon walk 1:30 Nickel Bingo 3:00 Craft Time with Glo 6:00 Movie Time with Popcorn and Juice
9:00 Energizing Exercise 0:30 Virtual Sunday Mass 1:00 Communion Service 1:20 Catholic Rosary Led by Jon 2:00 Nickel Bingo	9:00 Energizing Exercise 10:00 Games and Puzzles 2:00 Nickel Bingo 6:00 Movie Time with Popcorn, Candy, and Juice	9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Afternoon walk 2:00 Craft Time with Glo 3:00 Music Performance by Hilary Harris 6:00 Evening Movie Time	Winter Wonderland Wednesday 11 9:00 Energizing Exercise 10:00 Nickel Bingo 12:00 Outing Crochet Group 2:00 Movie Matinee "National Lampoon's Christmas Vacation" 3:30 Winter Wonderland Paint and Sip	Poinsettia Day 9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Chair Yoga 2:00 Craft Time with Glo 3:30 Word Games and Puzzles 6:00 Movie Time	National Hot Cocoa Day!! 13 9:00 Energizing Exercise 9:30 Rockville Gardeners 10:00 Scrabble 1:00 Bingo 3:00 Happy Hour: Hot Cocoa Bar and Performance by Denny and Rob! 6:00 Movie Time with Popcorn and Juice	National Wreaths Across America Day 9:00 Chair Yoga 10:00 Coffee and Donuts Social Hour 1:00 Afternoon walk 1:30 Nickel Bingo 3:00 Daniel and Pam Thompson Performs 6:00 Movie Time with Popcorn and Juice
9:00 Energizing Exercise 0:30 Virtual Sunday Mass 1:00 Communion Service 1:20 Catholic Rosary Led by Jon 2:00 Nickel Bingo	Posadas Begins 9:00 Energizing Exercise 10:00 Games and Puzzles 2:00 Nickel Bingo 6:00 Movie Time with Popcorn, Candy, and Juice	Happy Birthday, Pope Francis 9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Craft Time with Glo 3:00 Chair Yoga 3:30 Tile Rummy 6:00 Evening Movie Time	9:00 Energizing Exercise 10:00 Nickel Bingo 12:00 Outing 1:00 Knitting & Crochet Group 2:00 Movie Matinee "A Christmas Story" 3:00 Meet & Greet Brian from ENT Senior Care Group 4:00 Cards and Dominoes	"Believe It or Not" Day 9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Chair Yoga 2:00 Craft Time with Glo 3:00 Armchair Travel 6:00 Movie Time with Popcorn and Juice	National Ugly Sweater Day- Wear 20 Your Ugly Sweaters! 9:00 Energizing Exercise 10:30 Holy Spirit Catholic Mass 2:00 Passport to The North Pole with Music by DJ Noel 3:00 Card Games in Rock's Cafe 6:00 Movie Time with Popcorn and Juice	9:00 Morning Walk 11:00 Rockville's Holiday
9:00 Energizing Exercise 0:30 Virtual Sunday Mass 1:00 Communion Service 1:20 Catholic Rosary Led by Jon 2:00 Nickel Bingo	9:00 Energizing Exercise 10:00 Games and Puzzles 2:00 Nickel Bingo 6:00 Movie Time with Popcorn, Candy, and Juice	9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Chair Yoga 2:00 Baking with Glo 3:30 Tile Rummy 6:00 Evening Movie Time	Christmas 25 9:00 Watch Disney Christmas Day Parade! 2:00 Movie Matinee "It's A Wonderful Life"	Kwanzaa Begins 26 9:00 Energizing exercise 10:00 Nickel Bingo 1:00 Chair Yoga 2:00 Craft Time with Glo 3:00 Wheel of Fortune Live 6:00 Movie Time with Popcorn and Juice	9:00 Energizing Exercise 9:30 Rockville Gardeners 10:00 Nickel BINGO 1:00 Afternoon walk 2:00 Trivia 3:00 Happy Hour: Celebrate December Birthdays 6:00 Movie Time with Popcorn and Juice	9:00 Chair Yoga 10:00 Coffee and Donuts Social Hour 11:30 Winter Luau by The Ohana Dancers 1:00 Afternoon walk 1:30 Nickel Bingo 3:00 Craft Time with Glo 6:00 Movie Time with Popcorn and Juice
9:00 Energizing Exercise 0:30 Virtual Sunday Mass 1:00 Communion Service 1:20 Catholic Rosary Led by Jon 2:00 Nickel Bingo	9:00 Energizing Exercise 10:00 Games and Puzzles 2:00 Nickel Bingo 6:00 Movie Time with Popcorn, Candy, and Juice	9:00 Energizing exercise 2:00 Rockville's New Year's Eve Party with music by Rendishun Band 3:30 Tile Rummy 6:00 Evening Movie Time		 December Birthdays D Esposito 12/2 M Reyna 12/6 Dr. J McCoy 12/7 G Pisani 12/12 G Ebalo-Reyes 12/13 Eloise Guerrero 12/18 	All Events Are Subject to Change	Silent Might! Holy Might!