

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

November Greetings

Hello, everyone, and welcome to November! There's excitement in the air as we begin preparing for the holidays. Our community will be hosting a bounty of festivities in the next couple of months, and we hope everyone can join us for the activities we have planned. As always, we are thankful for our residents and their families.

Save the Dates:

- **Daylight Saving:** November 5th. Turn your clocks an hour back.
- **Monthly Passport Event:** Nov. 7th @ 11:30 am. Disneyland Adventure!! Join us on this magical Disney adventure full of games, food, face painting, karaoke and more!
- **Happy Hour Honoring our Veterans:** Nov. 10th @ 3:15 pm. Please join us in Rocky's Cafe honoring our brave Veterans.
- **Thanksgiving Luncheon:** Nov. 22nd @ 11:30 am. Family and Friends welcome! \$20 adult, \$10 Ages 10-18, Children under 10 FREE. *Please RSVP by Nov. 16th.*

★ Thank you ★
Veterans

November 2023



ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR..... CAROL DOWELL
DIRECTOR OF
RESIDENT DEVELOPMENT... HANNAH RICHARDSON
IL/AL CARE DIRECTOR JOSEPHINE GARCIA-EVANS
MC CARE DIRECTOR..... STACY SHARP
MC ACTIVITY DIRECTOR..... JOLENE BARNETT
DINING SERVICES DIRECTOR..... FRANK MINOR
IL & AL ACTIVITY DIRECTOR..... GLORIA GARCIA
HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW

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Gloria Garcia
Activities Director
Independent & Assisted Living

Welcome to Our Community!

Welcome! We are so excited to meet you! Please do not hesitate to introduce yourself or ask questions. We are here to help you any way we can!

- Dolores B
- Hobert H
- Scotty G
- Bunny B
- Edna B
- James V
- Stuart K
- Jeanette M
- Archie M

Happy Birthday to Our Friends Born in November!

Rodney M	11/02
Scotty G	11/03
Enedina R	11/10
Sidney W	11/10
Michael E	11/10
Patricia K	11/14
Laurallee D	11/21
Leah F	11/25
Myrna L	11/25
Jeanette O	11/28
James R	11/30



Staff Member Spotlight

Meet Vanessa



Vanessa has been employed at Rockville Terrace for two years. She started her employment here as a caregiver in our memory care department. After enjoying her time as a caregiver, with hard work and dedication she was promoted to Med Tech in assisted living.

Again, Vanessa's hard work and dedication did not go unnoticed! She has now been promoted to Medical Records. When asked what her favorite part is about working for Rockville Terrace, her automatic response was, "The residents! They are amazing!"

When Vanessa is not working, she loves to spend time with her family, especially her mother and her nieces. She enjoys spoiling her nieces and loves being an aunt. Vanessa is especially excited she is expecting a niece who is due at any moment now.

Vanessa then went on to talk about how she loves to see all the growth here at Rockville and how she is excited to grow within. She is quite proud of her career here! We at Rockville are quite proud of her too. Vanessa is appreciated for all her hard work and dedication and cannot wait to see what the future holds in store for her!

After-Hours Assistance:

For assistance with anything **AFTER 5:30 PM** on any day, please call one of the following phone numbers:

Independent & Assisted Living:

707-344-3254

Memory Care:

707-366-2122



Please Join US

We are listening to your wants and needs! By request of our residents, we are now forming weekly and bi-weekly clubs.

- **Book Club** is now the first and third Tuesday of every month at 11:30 am in the upstairs activity room.
- **Knitting and Crochet Club** is every Wed at 1:00 pm in the upstairs activity room.
- **Every Tuesday between 12:30 and 1:00** our Activity Director Gloria Garcia is holding open discussions for upcoming activities. Please bring your ideas and suggestions for clubs, groups, activities and outings!



Happy Birthday to Our Memory Care Residents Born in the Month of November

- Laurelee D.- 11/21
- Jean O.- 11/28



Monthly Birthday Bash will be held on 11/30 at 2pm with cake and ice cream along with sugar-free options available.

November Showtimes
The movie theatre is reserved for Memory Care residents, Monday afternoons at 1:30pm! Check out what's showing this month on the big screen.

- 11/6- "Gidget"
- 11/13- "Beethoven"
- 11/20- "Monster In-Law"
- 11/27- "Field of Dreams"



Jolene Barnett
Memory Care Activities Director

Wanting to wish everyone a Happy Thanksgiving and safe travels as many may be traveling to be with their loved ones, from all of us here at Rockville Terrace!!



CANDID CORNER: Arts & Crafts Making Fall Wreaths



Maryjane showing off her fall wreath she made that turned out beautiful; she did a great job!



Clotilde so proud of her wreath; she did a great job!



Laurelee also showing off her hard work; she did a great job!

What's Cooking

Join us for these yummy upcoming 2:00pm socials! Sugar-free options available.

- 11/2 - Making Oreo Turkey Cookies
- 11/9 - Biscuits & Jam Tasting
- 11/14 - Chef's Creation
- 11/16 - Blueberry/Apple Wraps





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