

# Rockville Terrace

## SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

### **Hello October: Save the Dates!**

- **Reading with 6th graders:** Thurs. Oct 5th, students from Oakbrook Elementary will be reading aloud.
- **Monthly Passport Event: Germany for OCTOBERFEST!** Fri. Oct. 13th. Please join us to dress up, enjoy music, beer, pretzels, bratwurst & fun!
- **Community Bake Sale:** Wed. Oct. 18th, in celebration of chocolate cupcake day. All proceeds going to the Alzheimer's association.
- **Chef's Demonstration:** Fri. Oct 20th is International Chef's Day, and our very own chef Frank will demonstrate his amazing cooking skills and great dish.
- **The Walk to End Alzheimer's:** Sat. Oct. 21st. For more information on how to participate, whether you want to walk or donate, please ask Kailee or Christina.
- **Sip & Paint Party:** Wed. Oct. 25th in celebration of International Artist Day. Families are invited, be sure to sign up ahead in the activity room. We will have a spooky theme painting.
- **First Responders Brunch:** Fri Oct 27th
- **Pumpkin Decorating:** Mon Oct 30th
- **Celebrating Halloween!:** Tue. Oct. 31st. Starting the fun with a Pumpkin decorating contest, Halloween costume contest, and a spooky Monster Bash Halloween party.

*Rockville is ecstatic to welcome everyone to these events, and we hope to make lasting memories during these festivities!*

### **October 2023**



#### **ROCKVILLE TERRACE MANAGEMENT**

EXECUTIVE DIRECTOR .....	CAROL DOWELL
DIRECTOR OF	
RESIDENT DEVELOPMENT ..	HANNAH RICHARDSON
IL/AL CARE DIRECTOR .....	JOSEPHINE GARCIA-EVANS
MC CARE DIRECTOR .....	STACY SHARP
COMMUNITY OUTREACH	
DIRECTOR .....	CHRISTINA TURNER
MC ACTIVITY DIRECTOR .....	JOLENE BARNETT
DINING SERVICES DIRECTOR .....	FRANK MINOR
IL & AL ACTIVITY DIRECTOR .....	KAILEE WILKINSON
HOUSEKEEPING DIRECTOR ..	TRINA BARTHOLOMEW
MEDICAL RECORDS .....	GLORIA GARCIA
MAINTENANCE DIRECTOR .....	MANNY FERRER

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Kailee Wilkinson  
Activities Director  
Independent & Assisted Living

## Welcome New Residents

### Welcome to Our Community!

Welcome! We are so excited to meet you! Please do not hesitate to introduce yourself or ask questions. We are here to help you any way we can!

- Rodney M.
- Marcia K.

## Happy Birthday

### Happy Birthday to Our Friends Born in October!

- Georgia C. 10/1
- Irene S. 10/4
- William G. 10/12
- Barbara B. 10/15
- Joanne C. 10/19
- Nancy P. 10/26
- Pat W. 10/27

## With Sympathy

### With Sadness in Our Hearts

We want to extend our condolences out to the family and friends of Charlotte K. We are so saddened by her loss.



### Meet Stacy, MC Care Coordinator

Born and raised in Northern California, Stacy has 10 years experience in Senior Living. After high school, she moved to Chico, Ca to go to school and went on to obtain her CNA certification. Working in skilled nursing is where her passion for senior care developed. She has worked as a Med Tech in Memory Care and eventually moved on to become the Memory Care Director at 2 different senior communities. Her knowledge and desire to serve others ensure each resident is given the care and attention they deserve.

In 2017, she moved to the Woodland area with her husband and daughter to be closer to the family and put down roots. As a family, they enjoy the outdoors, playing board games and keeping up with an energetic puppy.



Please join us, Team **Rockville Terrace**, in the 2023 Walk to End Alzheimer's! We have been raising money all year for this cause that is near and dear to our hearts. The event will be on Saturday, October 21st at the Suisun Waterfront and we hope to see many familiar faces there! We encourage everyone to support in any way they can whether it be walking, donating, or just cheering us on! We are in this fight together - go team Rockville.

#### Times:

Check-in is at 8:30 am  
Ceremony begins at 9:30 am  
Walking starts at 10:00 am

#### Location:

Harbor Plaza  
600 Main Street  
Suisun City, CA 94585

### Dentistry Here at Rockville

Dr. Amaro of Tranquility health provides onsite dental care to residents including exams, cleanings, fillings, crowns, bridges, dentures, and extractions.

For more information, contact Tranquility Health directly 925-644-2700.

# What's Cooking

Join us for these yummy upcoming 2:00pm socials! Sugar free options available.

- 10/4- Making Taco Nachos
- 10/12- Making Oatmeal Raisin Cookies
- 10/31- Haunting Treats



# Out & About

Hello Everyone, As the weather start to cool down we will still continue our scenic bus rides as long as the weather permits. We are looking forward to seeing the fall colors as we enjoy the back roads of Napa County.



## October Showtimes

The movie theatre is reserved for Memory Care residents, Monday afternoons at 1:30pm! Check out what's showing this month on the big screen.

- 10/2- A Dog's Purpose
- 10/16- Eddie the Eagle
- 10/23- Sailor Beware
- 10/30- Book Club the Next Chapter



## Happy Birthday to Our Memory Care Residents Born in the Month of October

- Patrick G. - 10/4
- Janice N. - 10/6
- Jewel K. - 10/8
- Anita B. - 10/14
- Christine M. - 10/20
- Sally M. - 10/28
- Selma F. - 10/31
- Kayoko R. - 10/31



## CANDID CORNER: Rocky's Cafe



Martha enjoying ice cream at Rocky's Cafe.



Virginia and Laurelee at Rocky's Cafe' eating ice cream and enjoying time with friends!



Verle enjoying ice cream at Rocky's Cafe'!



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