

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

Make sure to save the dates for the following fun community events!

- Rockville Terrace is excited to celebrate its 7 Year Anniversary on Friday, September 1st! The entire day is dedicated to an open-house party, with food, drinks, and a live band playing great music! There will be no shortage of fun, dancing, raffle prizes, and more.
- Come one, come all to Rockville's Community Wellness Check Event on September 7th! From 2 - 4 pm, Angela of Continuum Hospice will be teaming up to host a wellness event that you won't want to miss it.
- Get ready for Rockville Terrace's friendly competition with our sister community, The Lodge at Glen Cove, in our Miniature Golf Tournament on Saturday, September 9th, 8 am to 10 am at Scandia, Fairfield. This event is not only fun but also benefits the Alzheimer's Association and our #walktoEndAlz. We will have a brunch and raffle drawings back at Rockville Terrace after the tournament. Our community outreach director, Christina, will be happy to provide more information if you want to participate and support this great cause.
- Come take a virtual journey with us to Greece on September 21st at Rockville Terrace! We're showcasing the traditional Greek cuisine for our monthly passport event. From a tantalizing appetizer party with a Mediterranean flair to scrumptious Greek lunch, we promise to bring the authentic taste of Greece to your plate.

September 2023

ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR CAROL DOWELL
 DIRECTOR OF
 RESIDENT DEVELOPMENT ... HANNAH RICHARDSON
 IL/AL CARE DIRECTOR JOSEPHINE GARCIA-EVANS
 MC CARE DIRECTOR STACY SHARP
 COMMUNITY OUTREACH
 DIRECTOR CHRISTINA TURNER
 MC ACTIVITY DIRECTOR JOLENE BARNETT
 DINING SERVICES DIRECTOR FRANK MINOR
 IL & AL ACTIVITY DIRECTOR IRENE FINGER
 HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW
 MEDICAL RECORDS CRISTAL GIBSON
 MAINTENANCE DIRECTOR MANNY FERRER

Page 2: Independent & Assisted Living

Page 3: Memory Care



Irene Finger
Activities Director
Independent & Assisted Living

Welcome New Residents

Welcome to Our Community!

Welcome! We are so excited to meet you! Please do not hesitate to introduce yourself or ask questions. We are here to help you any way we can!

- Patricia K.
- Patricia B.
- Connie P.
- Nancy P.

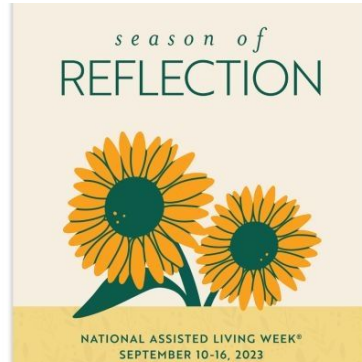
Happy Birthday

Happy Birthday to Our Friends Born in September!

- Mary C. 9/2
- Leonard M. 9/11
- Arthur P. 9/13
- William D. 9/22
- Maxine G. 9/24
- Susan G. 9/28

With Great Sympathy

We want to extend our condolences out to the families and friends of Alton M. He will be missed.



National Assisted Living Week

Rockville Terrace will be celebrating each day of the week from September 11th-16th. We will be thanking and celebrating our staff and residents for all the different ways they make our community wonderful.

- Rockville staff will be feeling the love on **Monday, September 11th**, as they are celebrated on staff appreciation day. What better way to show appreciation for the hardworking staff with some Rockville-themed items.
- As the summer heat comes to an end, what better way to celebrate than with a scoop of your favorite ice cream? That's exactly what Rockville residents and staff can look forward to on **Tuesday, September 12th!**
- On **Wednesday, September 13th**, it's Fortune Cookie Day! To celebrate, we'll be distributing fortune cookies to our fantastic staff members.

- The smell of freshly baked donuts wafts through the air on this delightful **Cream Filled Donuts Day!** On **Thursday, September 14th**, Rockville residents and staff are in for a real sweet treat. So come on down, grab a cup of coffee with cream filled donuts!
- **Friday, September 15th** Rockville staff will be treated to a delightful "Spin The Wheel" game where they can win a variety of amazing prizes. And what better way to do this than by giving them a chance to win some candy bars, gift cards and other exciting surprises.

Dress Up Days for Spirit Week! (September 11th - 15th)

- **Monday - Pick a Decade:** ('90s or '80s) and have a great time remembering the fashions of the era.
- **Tuesday - Western Day:** (wear cowboy/cowgirl attire)
- **Wednesday - Wacky Socks Day:** (wear your funniest socks!)
- **Thursday - Music Day:** Celebrate by wearing something music related! Whether it's a piano necktie or a t-shirt of your favorite band!
- **Friday - Pattern Day:** Clashing as much as possible is encouraged.

**Happy Birthday to Our
Memory Care Residents
Born in the Month
of September**

- Sam L. - 9/17
- Pauline C. - 9/25



The Monthly Birthday Bash will be held on Sept 28th at 2pm, with cake & ice cream.

**What's
Cooking**

Join us for these yummy upcoming 2:00pm socials! Sugar free options available.

- 9/7- Making Chocolate Chip Cookies
- 9/12- Making Loaded Cheesy Tater Tots
- 9/20- Making Pepperoni Pizzas



**CANDID CORNER:
Having a Little Fun**



Way to go, Richard, our first-place winner who tied with Renata!



Renata is so excited to be a first-place winner in our squirt gun contest!



Pauline trying to decide which one she wants to shoot for first, she chooses the 100pt cup and comes in second place. Way to go, Pauline!



Congratulations to Ginny, our 3rd place winner!

September Showtimes

The movie theatre is reserved for Memory Care residents on Monday afternoons at 1:30pm. Check out what's showing this month on the big screen!

- 9/4- "We Bought a Zoo"
- 9/18- "Dreamer"
- 9/25- Residents' Choice Movie



**Out &
About**

As we come into fall, we are looking forward to seeing the beautiful fall colors on the trees and on the mountains as we take our Scenic bus rides, along the back roads of Napa County, and Fairfield.



THE LODGE AT GLEN COVE VS. ROCKVILLE TERRACE SENIOR LIVING

3rd Annual

MINI GOLF

TOURNAMENT

SATURDAY - SEPTEMBER 9TH, 2023

8AM - 10AM



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