

4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

#### **Hello June!**

June has arrived in Rockville, signaling the start of a season filled with fun activities and summertime festivities. To kick things off, we'll be celebrating:

- National Donut Day on June 2nd with a mouth-watering donut and coffee social that honors our first responders for all the work they do to keep our community safe.
- June 7th, we'll be hosting an Ice Cream Bar Social, complete with a variety of delicious chocolate ice creams to celebrate National Chocolate Ice Cream Day.
- June 9th, well take our journey to the Philippines with our passport event in honor of the country's Independence Day. You won't want to miss this event, as we planned happy hour, armchair travel, trivia, quizzes, and a passport event dinner with traditional Filipino cuisine prepared by our Chef.
- Father's Day is just around the corner, and we want to celebrate all the amazing dads here in Rockville. Join us for a community lunch barbeque in the courtyard on June 16th, where we can enjoy some delicious food and spend time with loved ones. And don't forget to stick around for the performance by the Chris Cole Trio, guaranteed to get your feet tapping and your heart singing.
- Finally, on June 21st, we are bringing in the Summer Fashion Event. Show off your favorite summer outfit and strut your stuff on the catwalk. All are welcome to participate, so come on down and let's welcome summer with style.

# June 2023

<b>ROCKVILLE TERRACE MANAGEMENT</b>
EXECUTIVE DIRECTOR CAROL DOWELL
DIRECTOR OF
RESIDENT DEVELOPMENT HANNAH RICHARDSON
AL/IL CARE
COORDINATOR JOSEPHINE GARCIA-EVANS
MC CARE COORDINATOR
COMMUNITY OUTREACH
DIRECTOR
IL & AL ACTIVITY DIRECTOR IRENE FINGER
MC ACTIVITY DIRECTOR JOLENE BARNETT
HOUSEKEEPING DIRECTOR. TRINA BARTHOLOMEW
MAINTENANCE DIRECTOR MANNY FERRER

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Irene Finger Activities Director Independent & Assisted Living



Welcome to Rockville Terrace! We are so excited to meet you! Please do not hesitate to introduce yourself or ask questions. We are here to help you any way we can!

- Mary Jane T.
- Mary M.
- Mi Hwa L.
- James R.
- Inez F.
- Jean S.



#### Happy Birthday to Our Friends Born in June! • Jerry J. 6/21

- Jerry J. 0/21
- Loretta S. 6/21

### With Sadness in Our Hearts

We want to extend our condolences out to the family of **Gil B.** and **Betty B.**, we are so saddened by their lost.



### Meet Our New Executive Director, Carol

Hello Rockville Residents, family and friends, my name is Carol Dowell and I am so excited to have joined the Rockville team. Everyone is so welcoming and warm. A little about me; I began my career working with seniors some 30 plus years ago in what is now called skilled nursing facilities. Here I enjoyed the fast-paced environment working as social service director, admission and discharge planner. I ventured over to Assisted Living 18 years ago and never looked back. I come to work with the idea that just one small positive thought/ gesture can change someone's whole day. Nothing in life is impossible as long as you take that first step.

I have 2 adult children, 3 gorgeous granddaughters ranging from 15 years to 18 years old. I have many interests like hiking, fishing, and exploring. The beauty of what California offers keeps me busy on my days off. I absolutely love Yosemite and it's right in our backyard. (continued) I started working with seniors as a young adult and now I am the senior. I look forward to the day I move into Rockville Terrace. My door is always open. Please stop by and say hello anytime.

#### **Flag Day**

Celebrate the Stars and Stripes this Flag Day with an inspiring ceremony at 10 am on June 14th. Joining together in honor of America's iconic symbol of freedom, this unforgettable moment will be an opportunity to reflect on the legacy of the red, white, and blue. As the flag waves proudly in the breeze, let us remember the countless sacrifices made by those who have fought under it and those who continue to defend our country's values today. Let's unite to pay tribute to the flag that unites us all.

### Acrylic Paint Class With Tori

Get ready to unleash your inner artist and join us for an Acrylic paint class on June 13th, Tuesday, at 2:00 pm! Our expert instructor, Tori, will guide you through the process as you create your masterpiece. But don't wait too long-we only have ten slots for this exciting craft painting class. Sign up in the activity room if you're interested in participating. It's the perfect way to spend your afternoon! Come channel your creativity and let your imagination flourish.



## Happy Birthday to Our Memory Care Resident Born in the Month of June

• Susan McC- 6/18

Birthday Bash; June 29th at 2pm with cake & ice cream!





- 6/2- Cheesy Happy Hour
- 6/8- Making Potato Skin
- 6/14 -Making Strawberry Shortcake
- 6/28- Summer Camp Treats



# CANDID CORNER: Cooking Class Making Cherry Croissants



Lori, Renata, and Maria helping make our Cherry Croissants.



Virginia got the hang of it! Great job!



Everyone enjoying their cherry croissants; they were delicious!

### **June Showtimes**

The movie theatre is reserved for Memory Care residents, Tuesday and Wednesday afternoons at

- 1:30pm! Check out what's showing this month on the big screen.
- 6/21- "Million Dollar Arm"
- 6/28 "Father of the Bride"





We will be having a Father's Day root beer float social hour in memory care at 2pm on June 18th in our Activity room.







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