

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222



It's the start of a New Year, and we have a lot of fun planned this month!:

January 4th: *National Trivia Day.* We'll be hosting a trivia day social. Families are invited to join, so please RSVP to front desk. If you want to test your knowledge & have fun, this event is for you!

January 13th: *National Public Broadcasting Day.* We're throwing a Dance Party! We'll be inviting a professional DJ to play us good music, so please put on your dancing shoes and get ready to show off your moves!

January 18th: We're taking two trips (9:45 am & 1:30pm) to Armory Museum to celebrate *National Museum Selfie Day.*

January 19th: *National Popcorn Day.* We're having a *Movie Night* in the main living room at 5:30 pm. So, join us for some popcorn and movie magic.

January 23rd: *National Pie Day.* To celebrate, we're hosting a Pie Social! Families are invited. RSVP to the Front Desk!

January 25th: *Passport Event.* We are going to China to celebrate Chinese New Year. Make sure to wear red and gold!

January 31st: It's time for our *Paint and Sip* event. We want to see your painting skills, so make sure to RSVP!

January 2023

ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR	MIKAYLA CLARK
DIRECTOR OF RESIDENT DEVELOPMENT ..	HANNAH RICHARDSON
AL/IL CARE COORDINATOR	JOSEPHINE GARCIA-EVANS
MC CARE COORDINATOR	HOLLEE JACINTO
COMMUNITY OUTREACH DIRECTOR	CHRISTINA TURNER
DINING SERVICES DIRECTOR	EDGAR GONZALES
IL & AL ACTIVITY DIRECTOR	IRENE FINGER
MC ACTIVITY DIRECTOR	JOLENE BARNETT
HOUSEKEEPING DIRECTOR ..	TRINA BARTHOLOMEW
MEDICAL RECORDS	KENYA JOHNSON
MAINTENANCE DIRECTOR	MANNY FERRER

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Irene Finger
Activities Director
Independent & Assisted Living



Welcome Home!

- Henry M.
- Larry N.

Welcome to Rockville Terrace! We are so excited to meet you and to get to know you! Please do not hesitate to introduce yourself or ask questions. We understand this transition can be difficult and we are here to help you any way we can!

Happy Birthday to Our Friends Born in January!

Sam C.	1/4
Edna J.	1/13
Chuck M.	1/14
Geraldine Y.	1/20
Pat B.	1/29

Please join us in the Activity Room on Friday, January 27th, at 3:15 pm to celebrate your birthday.



Make sure to follow us on Facebook and Instagram to see updates and photos of all the community fun!

Meet Kobie



“Hey everyone! My name is Kobie! You probably know me by now, but if not I’m one of your servers here at Rockville Terrace. I am writing this to let you guys know a little bit about myself. I live right here in breezy Fairfield, California. I’m 25, the middle child of 3, and like many others residing in Fairfield, I was born at Kaiser Permanente in Vallejo, California. I graduated from Rodriguez High School and spent some time at Solano Community College, where I focused on Biological Sciences and Literature. I began working at Rockville when I was only 19 just after high school in 2016, the year of the building’s opening. That makes this my six-year anniversary, and I enjoyed every moment of it. Besides serving up dishes and juggling trays, I enjoy being creative. I also enjoy dancing, eating French fries, and staying active and in shape. (cont ...)

I’m especially fond of walking, hiking, and running, as I used to participate in track and field back in school. I love me some seafood and I’m always down for tacos or burritos. Whatever gum flavor you got, I better chew it. Well, that’s all for now. Feel free to ask me questions, I’m an open book. See you in the dining room.”

Podiatrist On-Site

The Podiatrist will be on-site at 9:00 in the morning on January 24th. He will come to each individual in their room who is signed up. If you would like a visit and have not yet filled out a paper, please visit the front desk and ask for a form!

In-service Program

Crossroads Healthcare is hosting a Fall Prevention in-service at 1:30pm on January 10th in the Activity Room. There will be refreshments and snacks available, as well as raffle prizes. This is a great opportunity to learn more about how to prevent falls, and to meet other residents in the community who are interested in staying safe and healthy. This event is open to all, and everyone is encouraged to attend.

Entertainment Line-up for the Month of January!

1/5	3 PM Syria Berry
1/9	2 PM Eddie Togonon
1/16	2 PM Jessie De Torres
1/30	10 AM Kendall Osbourne

Jolene Barnett
Memory Care Activities
Director

Happy Birthday to Our Resident Born in the Month of January

- Betty. B- 1/13

We will be celebrating our Monthly Birthday Party on 1/31 at 2pm with cake and ice cream.



What's Cooking

- 1/12- Making Cinnamon Rolls
- 1/19- Making Popcorn Balls
- 1/20- Making Sourdough Grilled Cheese Sandwiches
- 1/25- Making Crock-Pot Peach Cobbler



WELCOME HOME

We would like to take this time to welcome you to the family of Rockville Terrace Anita B., Andrew R., and John F. We are so excited that you have chosen us as your new home and we look forward to getting to know you. We are always here to help, so let us know what we can do for you. Welcome Home!

SHOWTIME!

The Movie Theater is reserved for Memory Care Residents on Wednesdays, at 1:30pm. Enjoy freshly popped popcorn and beverages during the show.

- 1/4 - "BABY BOOM"
- 1/11- "THE GAME PLAN"
- 1/18 - "NINE MONTHS"
- 1/27- "THE CUTTING EDGE"



CANDID CORNER: Thankful Turkeys



Maria is proud to show off the turkey she made in arts & crafts.



Patricia is thankful for her family and the turkey she made! Look at that smile! Great job, Patricia.



Sharon enjoyed making her turkey as well! Great job, Sharon!



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