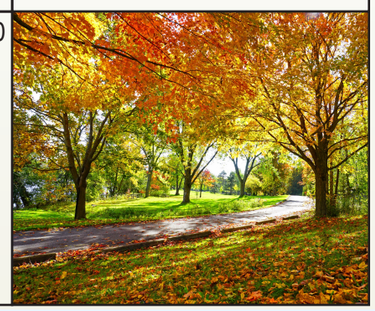
Rockville Terrace SENIOR LIVING

September 2022

Entertainer · Religious · BINGO! · Arts & Crafts · Exercise
Table Game · Meeting · Movie / TV Series · Social/Happy Hour · Taking Care of YOU!
Armchair Travel · Special Occasion · Sing Along · Bus Trip · Theater Room, 2nd Floor
✡ Courtyard (Pending Weather)
❤ Resident-Led Activity
✝ Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday Friends! Mary C.- 09/02 Roosevelt O.- 09/09 Leonard M.- 09/11 Lily L.-09/11 Arthur P.- 09/13 Sam L.- 09/17 Bill D.- 09/22 Maxine G.- 09/24 Ardelle W.- 09/26		**All Events Are Subject to Change**	1 9:00 Energizing Exercise / Sit-To-Stand 10:00 Nickel Bingo 2:00 Karaoke Sing Along Time **2:45 Happy 6th Birthday Rockville Terrace!**	2 9:00 Energizing Exercise 10:00 Nickel Bingo 2:00 Manicures & Music **3:10 HAPPY HOUR: Welcome to Rockville New Friends!**	3 9:00 Stretch & Relax 10:00 Nickel Bingo 2:00 Variety of Games! ❤ 3:00 Residents' Chat❤
4 9:00 Energizing Exercise 10:00 Nickel Bingo **11:00 Communion Service** 11:20 Catholic Rosary❤ **2:00 Nondenominational Worship Service (Everyone is Welcomed)!✝**	**Labor Day** 5 9:00 Energizing Exercise **10:00 Veterans' Get-Together!** 2:00 Nickel Bingo 3:15 Margarita Mondays Sip & Chat	6 9:00 Energizing Exercise 10:00 Nickel Bingo 1:30 Movie Time with Popcorn, Candy, and Juice🎦 1:45 Activity Round About❤	7 9:00 Energizing Exercise / Sit-To-Stand *10:15 Bible Fellowship Over Coffee (Everyone is Welcomed)* **11:15 OUTING: Let's Go To Lunch** 2:00 Nickel Bingo **3:00 ACTIVITY PLANNING FOR OCTOBER**	8 9:00 Energizing Exercise / Sit-To-Stand *10:00 Hearing Aid Cleaning in the Activity Room* 2:00 Nickel Bingo **3:10 Flower Arranging**	9 9:00 Energizing Exercise 10:00 Nickel Bingo 2:00 Wii Sports and Games! **2:45 HAPPY HOUR: Celebrating Grandparents Day!**	10 9:00 Energizing Exercise / Sit-To-Stand 10:00 Nickel Bingo **2:00 SYRIA PERFORMS!✡** 3:00 Residents' Chat❤
National Assisted Living Week Begins! 11 9:00 Energizing Exercise 10:00 Nickel Bingo **11:00 Communion Service** 11:20 Catholic Rosary❤ **2:00 Nondenominational Worship Service (Everyone is Welcomed)!✝**	**Chocolate Milkshake Day** 12 9:00 Energizing Exercise 10:00 Nickel Bingo **2:00 Chocolate Milkshakes for All!** 3:15 Margarita Mondays Sip & Chat	**Milton S. Hershey's Birth Anniversary!** 13 9:00 Energizing Exercise 10:00 Nickel Bingo 1:30 Movie Time with Popcorn, Candy, and Juice🎦 1:45 Activity Round About❤	**Pop-Tarts for Sale Day** 14 **9:00 OUTING: Walmart Trip** 9:00 Stretch & Relax **10:00 Donuts & Coffee Social** 2:00 Nickel Bingo 3:00 25 Words or Less!	**Agatha Christie Day** 15 9:00 Energizing Exercise / Sit-To-Stand 10:00 Nickel Bingo **2:00 Come Get an Ice Cream from the Ice Cream Truck!** 3:00 Let's Play Family Feud	**Mexican Independence Day** 16 9:00 Energizing Exercise ***10:30 Holy Spirit Catholic Mass*** **2:00 Margaritas and Smashing a Piñata!** 3:00 Nickel Bingo	17 **8:00 Mini Golf Tournament at Scandia with Brunch at Rockville Terrace Afterwards (Raising Money for The Alzheimer's Association)!** 9:00 Stretch & Relax 10:00 Nickel Bingo 2:00 Variety of Games! ❤ 3:00 Residents' Chat❤
18 9:00 Energizing Exercise 10:00 Nickel Bingo **11:00 Communion Service** 11:20 Catholic Rosary❤ **2:00 Nondenominational Worship Service (Everyone is Welcomed)!✝**	19 9:00 Energizing Exercise 10:00 Nickel Bingo **2:00 KENDALL OSBOURNE PERFORMS!✡** 3:15 Margarita Mondays Sip & Chat	20 9:00 Energizing Exercise 10:00 Nickel Bingo 1:30 Movie Time with Popcorn, Candy, and Juice🎦 1:45 Activity Round About❤	21 9:00 Energizing Exercise / Sit-To-Stand **9:10 OUTING: Let's Take a Scenic Drive** *10:15 Bible Fellowship Over Coffee (Everyone is Welcomed)* 2:00 Nickel Bingo 3:00 Trivia Time	22 9:00 Energizing Exercise / Sit-To-Stand 10:00 Nickel Bingo **2:00 RESIDENTS' COUNCIL** **3:05 Flower Arranging**	23 9:00 Energizing Exercise 10:00 Nickel Bingo 2:00 Skip-Bo! **2:45 HAPPY HOUR: Celebrating Our Friends with Birthdays in September!**	24 9:00 Energizing Exercise / Sit-To-Stand 10:00 Nickel Bingo 2:00 Variety of Games! ❤ 3:00 Residents' Chat❤
25 9:00 Energizing Exercise 10:00 Nickel Bingo **11:00 Communion Service** 11:20 Catholic Rosary❤ **2:00 Nondenominational Worship Service (Everyone is Welcomed)!✝**	26 9:00 Energizing Exercise **10:00 Book Club Get Together!** 2:00 Nickel Bingo 3:15 Margarita Mondays Sip & Chat	27 9:00 Energizing Exercise 10:00 Nickel Bingo 1:30 Movie Time with Popcorn, Candy, and Juice🎦 1:45 Activity Round About❤	28 **8:30 OUTING: Cache Creek Trip** 9:00 Stretch & Relax **10:00 Muffins & Mimosas Morning Mixer** 2:00 Nickel Bingo 3:05 ARMCHAIR TRAVELS: Travel to a New Country and Try Some of Their Tasty Snacks!	29 9:00 Energizing Exercise / Sit-To-Stand **10:00 Connecting Over Coffee** 2:00 Nickel Bingo 3:00 Craft Time	30 9:00 Energizing Exercise 10:00 Nickel Bingo 2:00 Tile Rummy! **2:45 PASSPORT EVENT: Fly with Us to Paris!**	

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