

# Rockville Terrace

## SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222



### Happy Howl-oween!

Halloween is a fun time of the year because it is filled with costumes, laughs, scares, and most importantly a ton of candy! This October we will be doing all things Halloween-related to really get into the spooky spirit. Our residents will have a chance to participate in decorating pumpkins, trick-or-treating through the halls of Rockville, making their own Halloween treats, and much more. This is all in preparation for our Halloween Happy Hour on October 29th. This Halloween we will be celebrating with a spooktacular Happy Hour at 2:45PM where there will be delicious food, fun drinks, music, and Halloween trivia. However, right before this Happy Hour we want the residents to showcase their amazing costumes and the work that they put into them! At 1:30PM we will be having a costume parade so the whole community can take a vote and decide who has the most fa-boo-lous costume and who will take home the prize!

## October 2021

### ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR ..... MIKAYLA MUEHLEISEN  
DIRECTOR OF  
COMMUNITY OUTREACH ..... EMILY DORAN  
DIRECTOR OF  
RESIDENT DEVELOPMENT .. HANNAH RICHARDSON  
AL CARE COORD. .... JOSEPHINE GARCIA-EVANS  
MC CARE COORDINATOR ..... MARIBEL SAMAYOA  
MARKETING OUTREACH ..... CHRISTINA TURNER  
DINING SERVICES DIRECTOR ..... KENNETH BUNNS  
IL & AL ACTIVITY DIRECTOR ..... MADDI LEWIS  
MC ACTIVITY DIRECTOR ..... MONTE BOOMGAARN  
HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW  
MEDICAL RECORDS ..... CYNTHIA LEARSON

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Maddi Lewis  
Activities Director  
Independent & Assisted Living

## Welcome to Our Community!

Welcome, Octavio and Blanca M., Vicente and Erlinda H., Pat W., and Jesse G.

We are so happy to welcome you all to Rockville Terrace! Thank you for choosing our community as your forever home and please let us know what we can do to make you feel more at home and comfortable. Everyone here is so excited to welcome you!

## Happy Birthday to Our Residents!

We wish the happiest of birthdays to the following residents:

- 10/01: Georgia C.
- 10/04: Irene S.
- 10/08: Martha W.
- 10/10: Barbara G.
- 10/15: Barbara B.
- 10/16: Jesse G.
- 10/19: Joanne C
- 10/20: Grace G.
- 10/25: Hudson N.
- 10/27: Pat W.



Happy Birthday  
— TO YOU —

## Get to Know Our Staff



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Meet Maddi

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“I grew up in the small town of Copperopolis where everything was so secluded. When high school came to an end I decided that I wanted to experience more of life and get away from my small town. I was accepted into CSU Channel Islands in Southern California where I completed my four years and graduated with a bachelor of science degree in Biology. A new area was amazing but I always made sure to come home during my breaks, which is when I started working at Rockville Terrace. I began here as a housekeeper three years ago and I fell in love with the community and everyone inside it. So each time I had the chance I would come back. I have worked as a housekeeper, caregiver, medication technician, receptionist, and now I am the Activities Director! I truly love my job and all of the residents; I was always told that if you love what you do you never work a day in your life and that is 100% true.”



Effective September 9, per Licensing, all visitors must show proof of being fully vaccinated (at least 2 weeks from final dose) or show proof of a negative COVID test (taken 72 hours prior to visit) in order to visit your loved one inside our Community. Rockville Terrace is 100% committed to the safety and well-being of your loved ones. We understand that this can be inconvenient for some, but we ask for your patience and understanding as we continue to navigate the ever-changing recommendations.

Visitation protocol remains the same; we ask that family members visit only in resident's rooms and do not visit in common areas of the community. Please keep visits to one hour, limit four guests at one time. We will always let family members know when we have a family included activity/event outdoors! Thank you for your understanding and continued cooperation during these times!



### Monte Boomgaarn

*Memory Care Activities Director*

## **Fluffernutter Kisses (October 8th Activity)**

### Ingredients

- 1 cup mini marshmallows
- 1 large egg
- 3 tablespoons butter
- 1 tablespoon water
- 1 teaspoon vanilla (extract)
- 2 tablespoons granulated sugar
- Betty Crocker peanut butter cookie mix
- Hershey chocolate kisses

### Instructions

1. FREEZE marshmallows for at least 2 hours prior to making cookies. (Keep marshmallows in freezer until ready to add to mix.)

2. Preheat oven to 350 degrees.
3. Cream butter and sugar with whisk until light and creamy.
4. Add egg, vanilla, and water. Mix well. Add the dry mix and stir until combined.
5. Remove marshmallows from freezer and fold into cookie dough. QUICKLY, using small scoop, place cookie dough balls a few inches apart on pre-lined cookie sheets.
6. Bake 11-12 minutes or until edges are light golden brown. Immediately press 1 Hershey kiss in center of each cookie.
7. Allow cookies to cool completely on tray. Transfer cooled cookies directly to serving platter or airtight container.

## **Have A Haunted Halloween!**

Since it falls on a weekend this year, we are celebrating Halloween early on Friday October 29th. Rather than a group costume like we have done the last two years, the residents will be creating their own & picking from a variety of headbands/accessories. (Monte is even going to donate some from her vast collection.) Prizes for: Top Three Best Costumes, Most Creative, and Scariest. Winners will be announced in the afternoon at our "Monster Mash." We plan to have an array of spooky snacks for all to enjoy along with a monster music playlist and ghoulish games.

## **Getting to Know You ...**

Please join us in welcoming Alina R. and Karen W. to the Rockville Terrace Family. They have only been with us for a short time, but we are already having fun getting to know one another. We discovered that Alina embodies the spirit of the Energizer Bunny. As soon as we finish walking around the building, she is ready to go for another loop. For being 93, Alina has a good amount of vigor. It was uncovered that Karen has a playful sense of humor. She has already shared many jokes & giggles with staff. We look forward to making a multitude of new, happy memories together.

## **Ismaghni Ftit Habib**

It is with the heaviest of hearts that we announce the passing of Rita S. Our deepest condolences go out to her family and friends during this difficult time. Rita was a fixture of the community, having a uniquely different relationship with many people (residents & staff) throughout the facility. We will all cherish the many happy memories and love she blessed upon us.

## **Alzheimer's Is Relentless. So Are We!**

Join us, Team Rockville, on Saturday, October 16th, at the Suisun Waterfront for The 2021 Walk To End Alzheimer's. We have been raising money all year for a good cause that is near and dear to our hearts. We encourage everyone to support in any way you can; walking, donating, or cheering us on. We are in this fight together!

### Times:

- Registration at 9:00 am
- Ceremony at 10:00 am
- Walk at 10:30 am

### Location:

- Harbor Plaza  
598 Solano Street  
Suisun City, CA 94585





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