

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

Seeing the Light at the End of the Tunnel

I must say that out of all my years working in Senior Living, I have never seen a community that has families as involved and present, as this one. The moment our doors opened again, our reservations for visitors were booked and we seemed to go back to some normalcy, with familiar faces returning and life as we knew it before, in arm's reach. With Mother's Day around the corner, and holiday after holiday to follow, I am overwhelmed with excitement that our Community is able to see their families in the flesh again and celebrate all of the things to come! We thank you all for your continued support!



May 2021



ROCKVILLE TERRACE MANAGEMENT

ADMINISTRATOR..... MIKAYLA MUEHLEISEN
 AL CARE COORDINATOR.... HANNAH RICHARDSON
 MC CARE COORDINATOR..... MARIBEL SAMAYOA
 MARKETING DIRECTOR..... JESSICA DUPLANTIS
 COMMUNITY OUTREACH
 DIRECTOR..... EMILY DORAN
 DINING SERVICES DIRECTOR..... CARMEN CREANO
 IL & AL ACTIVITY DIRECTOR..... TANYA TULL
 MC ACTIVITY DIRECTOR..... MONTE BOOMGAARN
 MAINTENANCE DIRECTOR..... JIM UNDERHOLT
 HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW
 MEDICAL RECORDS..... CYNTHIA LEARSON

Spread Some Spring

A kind word is like a spring day.
 —Russian proverb

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TANYA TULL
Activities Director
Independent & Assisted Living

Welcome to Our Community!

A special and warm welcome to **Delores E., Millie C., Charolette K., Rosalia & Rogelio E., and Ron A.**

After settling into your new surroundings, please come to our activities. We have many to choose from; here is just a sample of what we offer: Entertainers, parties, knitting, arts & crafts, card games, and trivia. If you take a look at your Activities Calendar, you will see all of the fun and unique activities we engage ourselves in, and I'm sure you will find many activities that are to your liking!

Celebrations in May to Brighten Your Days!

In May we celebrate **Cinco De Mayo** and for all of you who are moms, **Mother's Day!**

On the 5th of May, get your sombrero out and be ready for a PARTY!! We will celebrate with Mexican food and drinks, along with some history and trivia about Cinco De Mayo and Mexico!

Our annual Mother's Day Tea will be held a few days later, on May 7th. Moms, this is a chance to celebrate YOU, and enjoy an elegant morning together with your friends!

Have Fun and Enjoy Our Array of Activities!

Now that we've had our Moderna Vaccinations, COVID guidelines have relaxed a bit! It's time to get out and play games, get some exercise, and socialize with your neighbors.

Do you enjoy wine? Irene will do a **Wine Tasting Event** on Friday, May 14, 2021. She does an excellent job with her presentation and you will feel like you are at a fancy winery, with the beautiful atmosphere! **Reservations are required, so please sign up in the Activities Room!**

There are many other special activities that you don't want to miss! Please see our Activities Calendar for dates/times, and come on down!!!

Entertainment Calendar

We all love music... it warms our souls and makes us feel good, taking away our worries and troubles. Don't miss these terrific performers!

5/06/21 Glenn Snyder

5/13/21 Mischief Acoustic

Duet

5/27/21 Cowboy Denny



Our dancers, Elaine and Sally, giving our entertainer a round of applause!

Honoring Memorial Day

On Thursday morning, May 27th, we will have a ceremony in honor of Memorial Day. The USAF Honor Guard will do a short presentation and there will be music by Travis' Quartet. Please come to honor those who made the ultimate sacrifice for our country to remain free.

After-Hours Assistance

If a resident has a need for assistance with anything **AFTER 6:30PM** on any day, please call one of the following phone numbers:

Independent & Assisted

Living: 707-344-3254

Memory Care:

707-366-2122

Until We Meet Again...

Gloria T. was a one-of-a-kind lady, with an awesome sense of humor and such a young heart. She was super quick witted and smart, friendly, and welcoming.

Ms. Gloria, we miss your laughter and smile... we miss you. Until we meet again....



Gloria T.

Monte Boomgaarn

Memory Care Activities Director

MINI CHICKEN POT PIES **May 14th Baking Activity**

Ingredients

- 2 cans (8oz each) Pillsbury crescent dough sheets
- 2 cups shredded cooked chicken
- 2 cans (10 1/2 oz each) condensed cream of chicken soup (You can use a different cream soup for preferred flavor.)
- 2 cups frozen mixed veggies, thawed
- Additional fresh or dry seasonings as preferred

Directions

1. Preheat oven to 375°F.
2. Spray 16 regular-size muffin cups with cooking spray.
3. In large bowl, mix vegetables, chicken, soup, and seasoning together until well combined.
4. Using large cutting board, unroll dough sheets and cut into 16 squares with a pizza cutter.
5. Line each muffin cup by pressing 1 dough square in bottom and up side of cup.
6. Using a measuring cup, scoop 1/4 cup in each mini pie crust.
7. Bake 14 to 18 minutes or until crusts are golden brown and pies are heated through.
8. Cool 5 minutes in muffin pan; carefully remove from pan with spatula. Enjoy while warm!

Upcoming Holiday Fun

- May 7th -National Cosmopolitan Day - We will be having a (Virgin) "Cosmo Happy Hour" with a variety of options.
- May 9th - Mother's Day - We will be celebrating a couple days early on May 7th with a "Mother's Day Tea Tasting." The ladies are encouraged to dress up in their best *tea party attire*.
- May 12th - National Nutty Fudge Day - We are going to make 2 ingredient fudge in the morning to eat in the afternoon. It is so simple! The hardest part is waiting for it to set in the fridge!



- May 13th - National Fruit Cocktail Day - We will be putting together "Rainbow Fruit Cocktail Cups." The secret is to add pudding powder and mix it up. The pudding keeps it from getting soggy.
- May 20th - Hummus Day - We will be utilizing the food processor to prepare "Garlic Hummus." We plan on enjoying our fresh spread with pita chips.

Upcoming Holiday Fun Continued...

- May 21st - National Pizza Party Day - We always have fun making "French Bread Pizzas" (especially Steve), so there is no need to explain what our plan for today is.
- May 26th - National Paper Airplane Day - We will be having a "Paper Airplane Competition" including categories for distance, design, and elegance of flight. We will be flight testing them off the mezzanine in the lobby.

Do Svidaniya Genna

We lost a well-beloved member of our Rockville Terrace Family. Our souls mourn as we say goodbye to Jerry M. He had no surviving blood relatives, but everyone who met him fell in love with him immediately. Jerry once said he gathered people throughout his life like a patchwork quilt. He had a large extended network of friends he called his family, including all of us at Rockville Terrace. Wherever he may be, here is to scratching that "Ichi Ni"!

Namaste

Our heartfelt condolences go out to the family and friends of Mr. R. Singh. He was not with us for that long, but we quickly came to love him for his funny comments and endearing smile. Just like chai tea, we will miss the spice he brought to our lives.



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