

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

December 2020



Christmas Time: December Is a Month Full of Fun Activities!

It's that time of the year... time to bring out your holiday decorations, reminisce of past Christmases, and make new memories that will last a lifetime! On the first Friday of the month, residents can share their Christmas memories during our Happy Hour. Special Crafts this month will be painting real wooden nutcrackers and decorating gingerbread houses. We will also be baking Christmas Brownies!

Instead of our usual Happy Hours that we have, on Friday, December 11th, we will have Elegant Wine Tasting with Irene & Tanya... come dressed up!

December 16th will be a time for you to join your friends and wrap presents together in our Activities Room. Bring down your gifts, wrapping paper, etc. and our Activities Dept. will also have supplies! It's a lot more fun to wrap with company, don't you think?

Finally, due to safety reasons, our Residents' Christmas Party has been modified... please see next page for more details.



ROCKVILLE TERRACE MANAGEMENT

ADMINISTRATOR.....	NICHOLE KINDRED
AL CARE COORDINATOR.....	MIKAYLA MUEHLEISEN
	HANNAH RICHARDSON
MC CARE COORDINATOR.....	MARIBEL SAMAYOA
MARKETING DIRECTOR.....	JON ROBINS
COMMUNITY OUTREACH	
DIRECTOR.....	EMILY DORAN
DINING SERVICES DIRECTOR.....	CARMEN CREANO
IL & AL ACTIVITY DIRECTOR.....	TANYA TULL
MC ACTIVITY DIRECTOR.....	MONTE BOOMGAARN
MAINTENANCE DIRECTOR.....	JIM UNDERHOLT
HOUSEKEEPING DIRECTOR.....	TRINA BARTHOLOMEW
MEDICAL RECORDS.....	MACKENZIE MOODY

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Page 3: Memory Care

Christmas, my child, is love in action. Every time we love, every time we give, it's Christmas.

- Dale Evans

TANYA TULL

Activities Director

Independent/Assisted Living

It's Game Time!

COVID Tech Connect distributes smart devices to facilities in need. They are backed by The Giving Back Fund as its 501(c)(3) fiscal sponsor, and others.

They graciously donated 5 GOOGLE Pixel 4 XL's for our residents. After giving it some thought, I realized we can begin playing games again,... with these devices!! Games like Tile Rummy and UNO, for instance, can be played in the Activities Room, as we sit at our own tables, socially distance and wear masks, of course! The devices will be sanitized after each use.



You can also use these devices to visit with family and friends!!

In light of the coronavirus crisis, the videoconferencing app, ZOOM, has become the standard for connecting with others face-to-face virtually in both business and personal settings.



Annual Christmas Bingo at Rockville!!

Residents' Christmas Parties

Due to the social distancing guidelines, we are limited to how many people we can have in the Activities Room. Therefore, we will have 2 Christmas Parties on December 17 and 2 parties on December 18. We will use the Activities Room and the Main Lobby Area if needed. Please sign up in the Activities Room for the party you'd like to attend.

New Year's Eve Bash!!

I'm sure we are ready for 2020 to be over, and when I say "over", I mean "O-V-E-R!!!" Rockville plans to make this New Year's Eve Party one to remember!!! Come celebrate the New Year with your neighbors and friends!

**BYE-BYE 2020,
HELLO 2021!!!**

**MAY THE NEW YEAR
BRING YOU JOY, LOVE,
AND THE FREEDOM TO
SOMEDAY SOON NOT
HAVE TO WEAR A MASK!!**



Reminders to Residents... Very Important!

If you plan to leave for an extended period of time (1 day or more), please let the front desk or management know.

If you go out during the day for an appointment, etc., please remember to sign out and sign back in when you return.

This is for safety reasons in case there's an emergency in the building.

After-Hours Assistance

If a resident has a need for assistance with anything AFTER 6:30PM on any day, please call one of the following phone numbers:

Independent & Assisted Living: 707-344-3254

Memory Care: 707-366-2122

In Sympathy

Randy O. was such a great guy. He was funny, smart, and super friendly. We pray for families and friends of this wonderful man. He is deeply missed.



Monte Boomgaarn
Memory Care Activities Director

**** Chocolate Cherry ****
**** Cordial Cookies ****
(Dec. 4th Food Craft)

Ingredients

- 1 box chocolate cake mix
- 1/2 cup vegetable oil
- 2 large eggs
- 1 cup mini chocolate chips
- 1 cup chopped maraschino cherries (drained and patted with paper towel)

Instructions

1. Preheat oven to 350 degrees.
2. Combine cake mix, oil, and eggs in large bowl. Mix until the dough is smooth.
3. Fold chocolate chips & cherries into dough.

4. Scoop out dough into 2 tbsp size balls and arrange on parchment-lined baking sheet. (Make sure to separate balls as cookies will spread slightly while baking.)
5. Bake cookies at 350°F for 10-13 minutes, or until set.
6. Allow to cool on the pan for a couple minutes before transferring to a cooling rack. Let cookies cool for 15-20 minutes before serving.
7. For extras, let cool completely. Flash freeze on cookie sheet for 30 minutes. Once hard, place cookies in a freezer container or bag and freeze for up to 3 months. To thaw, remove from freezer about 2 hours before enjoying.

December Birthdays

Please join us in wishing a very Happy Birthday to each of the following residents:

- 12/22 George P.
- 12/23 Alvin M.
- 12/24 Herman H.

All of these gentlemen have expressed much frustration in having birthdays so close to Christmas. We plan to not let their momentous days melt into the holiday fun and have notched out special times each day that are specifically about them! We will then be toasting the group together on the last Friday of the month for the Monthly Birthday Celebration.



Yuletide Greetings!

Our Memory Care Activity Room will be filled with much music & merriment along with refreshments & presents on December 24th while we commemorate the season! We have a Winter Soiree scheduled in the afternoon just before we plan to unwrap our gifts. Don't worry, EVERYONE will get something (fitting to them) to unwrap!

Upcoming Holiday Fun

- December 3rd - Make A Gift Day - We will be crafting "Gift Boxes" and filling them with candy to hand out to staff.
- December 9th - Christmas Card Day - We will be making Christmas cards using pop-outs, origami, and scrapbooking.
- December 10th - Emily Dickinson's Birthday (1830) - We will be creating poetry plaques by using napkins and stickers to decoupage on wood.
- December 16th - National Chocolate Covered Anything Day - We will be taking apple slices on skewers and dipping them in chocolate. Then we will be decorating them from our toppings bar!
- December 22nd - First Christmas Tree To Be Illuminated By Electric Lights Displayed (1882) - We will be doing a group craft creating a light up tree on a painting canvas to display in Memory Care.
- December 31st - New Year's Eve - We will be watching a variety of New Year's fireworks from around the world that have already been set off due to time zones ahead of us while we snack on "Fancy Finger Sandwiches" that will be prepared by those of us in Memory Care.



Wishing You

JOY & CHEER

THIS HOLIDAY SEASON & NEW YEAR

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