




| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|--|---|---|--|--|--|
| <b>Happy Birthday to the Following RESIDENTS:</b><br>08/02 Marie T.<br>08/03 Frank E.<br>08/06 Bill S. & Carl W.<br>08/13 Randy H.<br>08/16 Robert P.<br>08/18 Millie S.<br>08/19 Donna G.<br>08/27 Chuck B. |   | PLEASE... continue to social distance, wash your hands frequently, use hand sanitizer, and cover your coughs.   |    | <b>TENTATIVE ACTIVITIES... HOPEFULLY, things will change!!!</b>  |   | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |
| 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:00 <span style="color: olive;">■</span> Catholic Rosary  | 9:30 Stretch & Relax / Sit-to-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Knit & Chat | SCENIC DRIVE 9:45<br>9:30 Energizing Exercise / Sit-to-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 Movie Time! <span style="border: 1px solid black; padding: 2px;">■</span>   | SCENIC DRIVE 9:45<br>9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>10:30 <span style="color: olive;">■</span> ZOOM Bible Fellowship<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 POSITIVITY DURING THE PANDEMIC   | Same Day Hearing Aids Cleaning - FREE!! 9:30am Deadline to Tanya/Irene<br>9:15 <span style="color: green;">■</span> NICKEL BINGO (8 games)<br>10:00 <span style="color: blue;">■</span> ANITRA Performs <span style="color: blue;">✦</span><br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Armchair Travels<br>2:45 FaceTime with Loved Ones<br>-Sign up in Activities Room | 9:30 Stretch & Relax<br>9:45 Cardio Drumming<br>10:15 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>1:30 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>2:45 Hallway Surprises!<br>2:45 Rockville Men's Club  | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |
| 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:00 <span style="color: olive;">■</span> Catholic Rosary  | 9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Knit & Chat                | SCENIC DRIVE 9:45<br>9:30 Energizing Exercise / Sit-to-Stand<br>10:00 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 Movie Time! <span style="border: 1px solid black; padding: 2px;">■</span>   | SCENIC DRIVE 9:45<br>9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>10:30 <span style="color: olive;">■</span> ZOOM Bible Fellowship<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Armchair Travels<br>2:45 FaceTime with Loved Ones<br>-Sign up in Activities Room | 9:30 <span style="color: green;">■</span> NICKEL BINGO!! (8 games)<br>10:30 <span style="color: blue;">■</span> Bradley & Rebekah Perform <span style="color: blue;">✦</span><br>1:30 <span style="color: lightgreen;">■</span> CRAFT TIME!!<br>2:45 <span style="color: green;">■</span> If time permits... NICKEL BINGO!   | 9:30 Stretch & Relax<br>9:45 Cardio Drumming<br>10:15 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>1:30 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>2:45 LUCKY NUMBERS!   | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |
| 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:00 <span style="color: olive;">■</span> Catholic Rosary  | 9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Knit & Chat                | SCENIC DRIVE 9:45<br>9:30 Energizing Exercise / Sit-to-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 Movie Time! <span style="border: 1px solid black; padding: 2px;">■</span><br>2:45 FaceTime with Loved Ones<br>-Sign up in Activities Room | SCENIC DRIVE 9:45<br>9:30 Stretch & Relax / Sit-to-Stand<br>10:00 CHEF'S CHAT <span style="color: blue;">↑↑</span><br>10:30 <span style="color: olive;">■</span> ZOOM Bible Fellowship<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Residents' Council   | 9:15 <span style="color: green;">■</span> NICKEL BINGO (8 games)<br>10:00 <span style="color: blue;">■</span> Jessie Performs <span style="color: blue;">✦</span><br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Lucky Numbers OR Residents' Council (IF the 1st one was filled up & therefore, we need a 2nd one)  | National Senior Citizens Day!<br>9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>1:30 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>2:45 Hallway Surprises Celebrating You!<br>2:45 Rockville Men's Club   | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |
| 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:00 <span style="color: olive;">■</span> Catholic Rosary  | 9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Knit & Chat                | SCENIC DRIVE 9:45<br>9:30 Energizing Exercise / Sit-to-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 Movie Time! <span style="border: 1px solid black; padding: 2px;">■</span><br>2:45 FaceTime with Loved Ones<br>-Sign up in Activities Room | SCENIC DRIVE 9:45<br>9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>10:30 <span style="color: olive;">■</span> ZOOM Bible Fellowship<br>1:30 <span style="color: lightgreen;">■</span> CRAFT TIME!<br>2:45 <span style="color: green;">■</span> If Time Permits... Nickel Bingo!        | 9:00 <span style="color: green;">■</span> NICKEL BINGO (8 games)<br>10:00 <span style="color: blue;">■</span> Cowboy Denny Performs! <span style="color: blue;">✦</span><br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Armchair Travels!!  | Celebrate HAWAII!!!<br>9:15 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>10:30 <span style="color: blue;">■</span> Hawaiian Dancers! <span style="color: blue;">✦</span><br>1:30 LUAU HOUR!!! <span style="color: red;">♥</span><br>2:30 <span style="color: green;">■</span> DIME/DOLLAR BINGO | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |
| 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:00 <span style="color: olive;">■</span> Catholic Rosary  | 9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Knit & Chat                | SCENIC DRIVE 9:45<br>9:30 Energizing Exercise / Sit-to-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>1:30 Movie Time! <span style="border: 1px solid black; padding: 2px;">■</span><br>2:45 FaceTime with Loved Ones<br>-Sign up in Activities Room | SCENIC DRIVE 9:45<br>9:30 Stretch & Relax<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>10:30 <span style="color: olive;">■</span> ZOOM Bible Fellowship<br>1:30 <span style="color: lightgreen;">■</span> CRAFT TIME!<br>2:45 <span style="color: green;">■</span> If Time Permits... Nickel Bingo!        | 9:00 <span style="color: green;">■</span> NICKEL BINGO (8 games)<br>10:00 <span style="color: blue;">■</span> Cowboy Denny Performs! <span style="color: blue;">✦</span><br>1:30 <span style="color: green;">■</span> NICKEL BINGO<br>2:45 Armchair Travels!!  | Celebrate HAWAII!!!<br>9:15 <span style="color: green;">■</span> DIME/DOLLAR BINGO<br>10:30 <span style="color: blue;">■</span> Hawaiian Dancers! <span style="color: blue;">✦</span><br>1:30 LUAU HOUR!!! <span style="color: red;">♥</span><br>2:30 <span style="color: green;">■</span> DIME/DOLLAR BINGO | 9:30 Energizing Exercise / Sit-To-Stand<br>10:15 <span style="color: green;">■</span> NICKEL BINGO<br>2:30 R-L Chat Time |