Rockville Terrace SENIOR LIVING

February 2020

♪ Music Therapy | Outing | Physical Activity | Cooking | Craft
Mind Stimulating | Just for Fun | ✝ Religious | Social Gathering | ★ Performance
Movie/TV

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			^^*_/*^*^* *^*^*^*^*^*^*^*^* **ACTIVITIES ARE SUBJECT TO CHANGE** *^*^*^*^*^* *^*^*^* *^*			1 9:00 Songs of Laughter♪ 10:00 Morning Movement 10:30 Bowling *12:00 REST HOUR* 1:00 Planet Earth 2:00 Teatime 3:00 Bingo 5:00 Netflix
2 9:00 Grandma's Parlour Music♪ 10:00 Morning Movement 10:30 Hangman *12:00 REST HOUR* 1:00 Jigsaw Puzzle Party 2:00 Coloring Corner **3:00 Super Bowl LIV** 5:00 Netflix	3 9:00 Songs of Ragtime♪ 10:00 Morning Movement 10:30 Karaoke♪ *12:00 REST HOUR* 1:00 Nail Care & Hand Massage 3:00 Coloring Corner 5:00 Movies & Merriment	4 9:00 Songs for Sweethearts♪ 10:00 Morning Movement 10:30 Would You Rather? *12:00 REST HOUR* 1:00 Popcorn and a Musical 3:00 Jigsaw Puzzle Party 5:00 TV Time	5 9:00 Songs of Love♪ 10:00 Morning Movement 10:30 Whiteboard Word Game *12:00 REST HOUR* 1:00 Craft Time: Suncatchers 3:00 Bingo 5:00 Movies & Merriment	6 9:00 Songs of Romance♪ 10:00 Morning Movement 10:30 Fame Game *12:00 REST HOUR* 1:00 Craft Time: Walker & Wheelchair Decorating **3:00 Syria Performs (AL)★** 5:00 TV Time	7 9:00 Songs for Serenading♪ 10:00 Morning Movement **10:30 Outing: Picnic at Lagoon Valley Park** *12:00 REST HOUR* *1:00 Making Munchies with Monte: French Bread Pizza* 3:00 Chinese New Year Celebration (AL) 5:00 Movies & Merriment	8 9:00 Songs of Laughter♪ 10:00 Morning Movement 10:30 Bowling *12:00 REST HOUR* 1:00 Planet Earth 2:00 Teatime **3:30 Solano Winds Musicians Perform (AL)★** 5:00 Netflix
9 9:00 Grandma's Parlour Music♪ 10:00 Morning Movement 10:30 Ring Toss *12:00 REST HOUR* 1:00 Stretches with Irene 2:00 Memory Ball 3:00 Bingo 5:00 Netflix	10 9:00 Songs of Ragtime♪ 10:00 Morning Movement 10:30 Karaoke♪ *12:00 REST HOUR* 1:00 Nail Care & Hand Massage 3:00 Bingo 5:00 Movies & Merriment	11 9:00 Songs for Sweethearts♪ 10:00 Morning Movement 10:30 Conversation Starters *12:00 REST HOUR* 1:00 Popcorn and a Musical 3:00 Jigsaw Puzzle Party 5:00 TV Time	**Podiatrist on Site Beginning at 9:30am** 12 9:00 Songs of Love♪ 10:00 Morning Movement 10:30 Whiteboard Word Game *12:00 REST HOUR* 1:00 Craft Time: Tape on Canvas 3:00 Bingo 5:00 Movies & Merriment	13 9:00 Songs of Romance♪ 10:00 Morning Movement 10:30 Hangman *12:00 REST HOUR* **1:30 Eddie Performs★** 3:00 Bingo 5:00 TV Time	**Happy Valentine's Day!!!** 14 9:00 Songs for Serenading♪ 10:00 Be My Valentine Trivia! 10:00 Morning Movement *12:00 REST HOUR* 1:00 Cupid's Playlist♪ **2:00 Lovers Gala** 5:00 Movies & Merriment	15 9:00 Songs of Laughter♪ 10:00 Morning Movement 10:30 Bowling *12:00 REST HOUR* 1:00 Planet Earth 2:00 Teatime 3:00 Bingo 5:00 Netflix
16 9:00 Grandma's Parlour Music♪ 10:00 Morning Movement 10:30 Ring Toss *12:00 REST HOUR* 1:00 Stretches with Irene 2:00 Memory Ball 3:00 Bingo 5:00 Netflix	**Presidents Day** 17 9:00 Songs of Ragtime♪ 10:00 Morning Movement 10:30 Karaoke♪ *12:00 REST HOUR* **1:30 Cowboy Denny Performs★** 3:00 Nail Care & Hand Massage 5:00 Movies & Merriment	18 9:00 Songs for Sweethearts♪ 10:00 Morning Movement 10:30 Have You Ever? Game *12:00 REST HOUR* 1:00 Popcorn and a Musical 3:00 Jigsaw Puzzle Party 5:00 TV Time	19 9:00 Songs of Love♪ 10:00 Morning Movement 10:30 Whiteboard Word Game *12:00 REST HOUR* 1:00 Craft Time: Happy Plant Jars 3:00 Bingo 5:00 Movies & Merriment	20 9:00 Songs of Romance♪ 10:00 Morning Movement 10:30 Trivia & Reminiscence *12:00 REST HOUR* 1:00 Afternoon Constitutional Walk **3:00 Anitra Lewis Performs (AL)★** 5:00 TV Time	21 9:00 Songs for Serenading♪ 10:00 Morning Movement 10:30 Karaoke♪ *12:00 REST HOUR* *1:00 Making Munchies with Monte: Meatballs* 3:00 Bingo 5:00 Movies & Merriment	22 9:00 Songs of Laughter♪ 10:00 Morning Movement 10:30 Bowling *12:00 REST HOUR* 1:00 Planet Earth 2:00 Teatime 3:00 Bingo 5:00 Netflix
23 9:00 Grandma's Parlour Music♪ 10:00 Morning Movement 10:30 Ring Toss *12:00 REST HOUR* 1:00 Stretches with Irene 2:00 Memory Ball 3:00 Bingo 5:00 Netflix	24 9:00 Songs of Ragtime♪ 10:00 Morning Movement 10:30 Karaoke♪ *12:00 REST HOUR* 1:00 Nail Care & Hand Massage 3:00 Bingo 5:00 Movies & Merriment	25 9:00 Songs for Sweethearts♪ 10:00 Guess the Song♪ *12:00 REST HOUR* 1:00 Popcorn and a Musical 3:00 Jigsaw Puzzle Party 5:00 TV Time	26 9:00 Songs of Love♪ 10:00 Morning Movement 10:30 Whiteboard Word Game *12:00 REST HOUR* 1:00 Craft Time: TBD 3:00 Ash Wednesday Mass (AL)✝ 5:00 Movies & Merriment	27 9:00 Songs of Romance♪ 10:00 Morning Movement 10:30 Aerobics for the Mind *12:00 REST HOUR* 1:00 Afternoon Constitutional Walk 3:00 Bingo 5:00 TV Time	28 9:00 Songs for Serenading♪ 10:00 Morning Movement **10:30 Outing: Joy of Eating Café** *12:00 REST HOUR* **1:00 Monthly Birthday Celebration** 3:00 Bingo 5:00 Movies & Merriment	29 9:00 Songs of Laughter♪ 10:00 Morning Movement 10:30 Bowling *12:00 REST HOUR* 1:00 Planet Earth **2:00 Leap Year Teatime** 3:00 Bingo 5:00 Netflix

Copyright © 2020 Uhlig LLC Illustratus